

# ISTH NEWS BULLETIN

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FOOD FOR  
THOUGHT

Rising health care worker infections:

- Are you letting down your guard?
- Are health care workers becoming complacent with infection prevention?
- Are you using your face mask correctly?

## NIGERIA SITUATION REPORT

✚ From 27<sup>th</sup> February 2020-18<sup>th</sup> July 2020

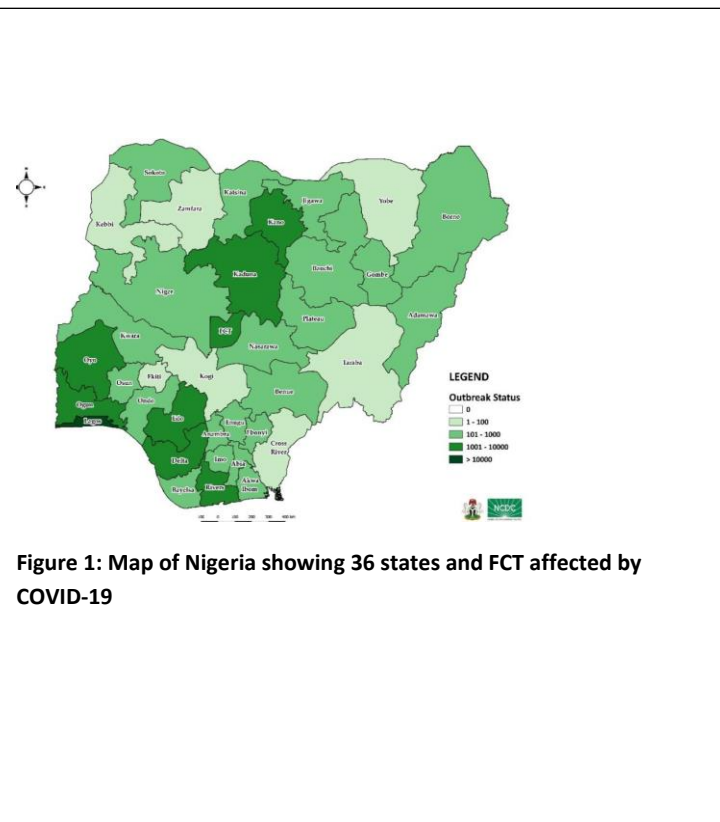
Total cases **36107**  
No of confirmed deaths **778**  
Case fatality rate **2.2%**

✚ For the week- 12<sup>th</sup> July-18<sup>th</sup> July 2020,

New cases **4120**  
No of confirmed deaths **54**  
Case fatality rate **1.3%**  
No of states reporting cases **All the 36 states in Nigeria and the FCT**

✚ Percentage increase/decrease in new cases from the previous week **78.5% increase in new cases compared to last week.**

✚ Percentage increase/decrease in new deaths from the previous week **40% decrease in deaths compared to last week.**



# EDO STATE SITUATION REPORT

From 6<sup>th</sup> March 2020-19<sup>th</sup> July 2020

<b>Total cases</b>	<b>1989</b>
<b>Health care worker cases</b>	<b>335</b>
<b>No of confirmed deaths</b>	<b>68</b>
<b>Deaths in health care workers</b>	<b>0</b>
<b>Case fatality rate</b>	<b>3.4%</b>

<b>For the week- 13<sup>th</sup> July-19<sup>th</sup> July 2020</b>	
<b>New cases</b>	<b>258 (25.9% decrease in new cases compared to last week)</b>
<b>Health care worker cases</b>	
<b>No of confirmed deaths</b>	<b>10(no change in deaths compared to last week)</b>
<b>Deaths in health care workers</b>	<b>0</b>
<b>Case fatality rate</b>	<b>3.9%</b>

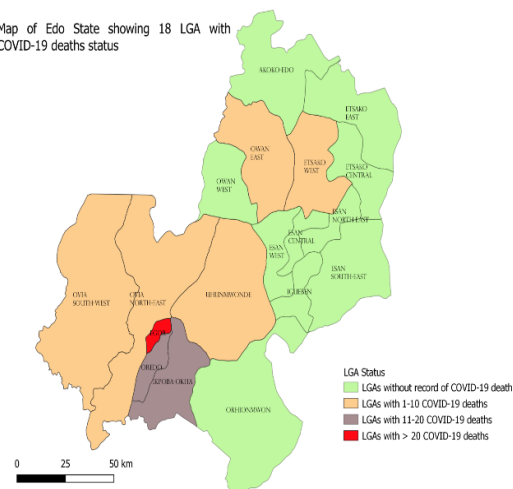
Edo state is now the 4<sup>th</sup> state in Nigeria with the highest number of cases after Lagos, FCT, and Oyo as at the end of the epi-week dating 13<sup>th</sup>-19<sup>th</sup> July 2020.

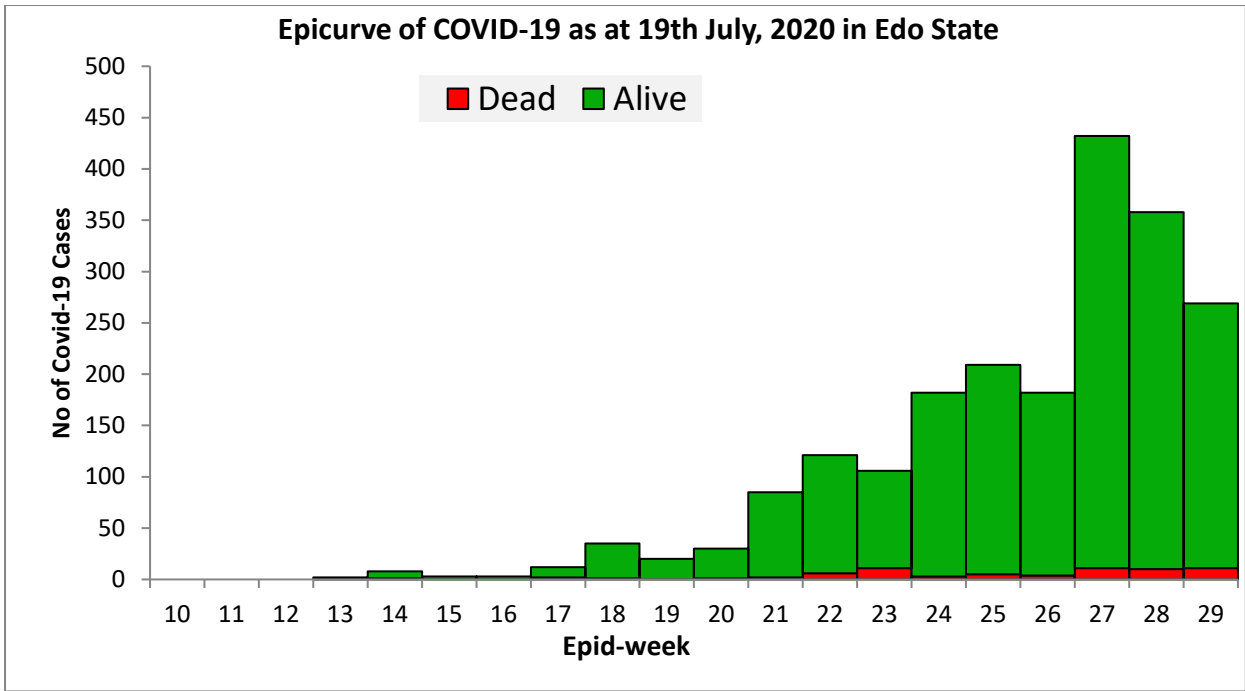
SN.	LGA	NEW CASES	TOTAL CASES
1	Oredo	92	619
2	Egor	40	364
3	Esan West	42	271
4	Ikpoba-Okha	19	224
5	Esan Central	20	165
6	Ovia North East	9	111
7	Esan North East	13	80
8	Etsako West	15	53
9	Ovia South West	1	31
10	Uhunmwode	2	19
11	Etsako East	0	15
12	Esan South East	0	14
13	Akoko-Edo	1	6
14	Etsako Central	2	4
15	Orhionmwon	0	4
16	Owan West	2	4
17	Igueben	0	3
18	Owan East	0	2

## Epi-summary for Edo state by LGA from 13<sup>th</sup> July 2020- 19<sup>th</sup> July 2020

The number of LGAs that reported zero cases during the week increased to 5 compared to last week which had 2 LGAs only.

Map of Edo State showing 18 LGA with COVID-19 deaths status





*Note that there is a gradual decline in total number of weekly cases, with a 25.9% reduction from last week's new cases.*

### ISTH Situation Report (13<sup>th</sup> JULY-19<sup>TH</sup> JULY 2020)

Total samples tested	397
Total positive	91
Total health care workers sample	104
Total no of admissions in the ISTH isolation ward	33
Total no of death	2
Total no of discharge	13



## ISTH operates a 'NO MASK NO ENTRY' POLICY

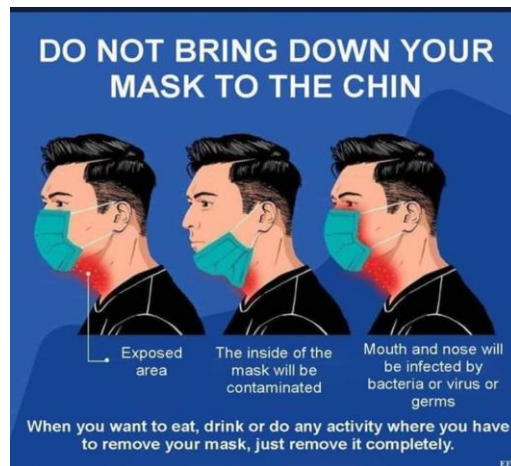
SCREENING at ISTH is still going on at the GATE, ISOLATION WARD And GOPD.

If you feel unwell and experience fever, cough, difficulty in breathing, weakness, loss of smell or taste, AND/OR you have had contact with a confirmed case, please visit these locations for screening.



## LET THESE IMAGES SPEAK TO US

The power to reduce the spread and cases lies with us



***Always ensure your patients/clients put on their face masks***

Staying mentally fit is critical... more so now

### Managing your Mental Health during COVID-19

- C** = Control your actions and anxiety
- O** = Obey government directives to stay at home
- V** = Verify all information to avoid unnecessary fear and panic
- I** = Identify and avoid your known stressors during this season
- D** = Distancing socially is the approved way of interacting
- 19** = Is just before 20secs, the recommended duration of time you should wash your hands



### How the Global Covid19 Viral Infection can Affect you Mentally

- P** Panic
- A** Anxiety and Fear
- N** Not Sleeping and Eating Well
- D** Depression
- E** Experiencing Suicidal Thoughts
- M** Maladaptive Coping strategies (excessive alcohol consumption, cigarettes smoking and use of caffeinated drinks)
- I** Impaired Thought Processes
- C** Confusion

- ✚ WHO and UNICEF have warned of an alarming decline in the number of children receiving life-saving vaccines around the world. This is due to disruptions in the delivery and uptake of immunization services caused by the COVID-19 pandemic. These disruptions threaten to reverse hard-won progress to reach more children and adolescents with a wider range of vaccines, which has already been hampered by a decade of stalling coverage.
- ✚ Vaccines can be delivered safely even during the pandemic. Health workers should encourage caregivers to complete immunization for their children.

### Opening schools during community transition

Researchers have concluded through various modelling techniques that frequent testing is the key to reopening schools and campuses. The assumption is of the number of infections that would arise among 5,000 students during an 80-day term/semester, given that 5 new cases would be imported each week and that each infected student would infect 2.5 others. To keep infections to around 135 over the term, testing students every 2 days with a rapid and relatively cheap test would be key, otherwise there would be an explosive growth in infections.